

Trustees For The Heat and Frost Local Union 118 Pension Plan

101-4190 Lougheed Highway, Burnaby, BC V5C 6A8
Telephone: 299-7482 , Toll Free: 1-800-663-1356 Facsimile: 299-8136

Automatic Bank Deposit Service Application

I hereby request that my pension payment be deposited directly into my Bank Account, as shown on the *enclosed blank "void" cheque*.

Name: _____ Social Insurance Number: _____

Address: _____

_____ Postal Code: _____

Date

Member's Signature



Please attach a "VOID" cheque or provide full banking account number(s).